THE RICHARD O. SCHUSTER DPM MEMORIAL BIOMECHANICS SEMINAR

NOVEMBER 9 &10, 2019

NYCPM - 53 E. 124th Street, NY, NY 10035

Scientific Chair: Joseph C. D'Amico DPM

NYCPM is an approved provider of CE in Podiatric Medicine by the CPME. This event is estimated at 14.25 CE hours.

GOALS & OBJECTIVES

The mission of this intensive, non-commercial one-of-a-kind program is to reaffirm and reestablish biomechanics as the cornerstone for the practice of podiatric medicine and surgery.

"One could visualize that foot surgery of the future would be unthinkable without some relationship to biomechanical function. Hopefully those practicing podiatric orthopedics will learn from the mistakes of medicine and will retain what was so valuable to the foot suffering public in the first place, the conservative management of foot problems."
Richard O. Schuster, DPM 1974 JAPA

Objectives

- To provide a meaningful historical and clinical review as well as current relevancy and application of the contributions of Richard O Schuster in the field of podiatric biomechanics, pediatrics and sports medicine
- To illustrate and appreciate the relationship of foot structure and function to total body musculoskeletal system alignment and function
- To present the etiology, pathomechanics, rationale and methodology for the conservative management of the adult acquired flatfoot
- To offer advanced techniques in the conservative management of the excessively pronated foot and ankle
- To illustrate the importance of computer assisted gait and motion analysis in the assessment and management of foot disorders
- To review, assess, appreciate and offer a conservative management program for rocker mechanisms in the foot and ankle
- To discuss the bio and pathomechanics of the diabetic foot and ankle
- To be able to understand, identify and manage musculoskeletal pain via joint manipulation
- To present the identification, clinical significance and management of limb length discrepancy
- To offer a review and assessment of new concepts in biomechanics
- To discuss the biomechanics and conservative management of overuse injuries in the adolescent
- To discuss the pathomechanics and management of turf toe

REGISTER ONLINE OR COMPLETE THE FORM

REFUND/CANCELLATION POLICY – No refunds will be issued for this event.

www.nycpm.edu/cmelist.asp

CHOOSE FROM 4 DIFFERENT TUITION OPTIONS:

- ☐ GENERAL TUITION (BOTH DAYS): $275
- ☐ GENERAL (SATURDAY ONLY): $175
- ☐ GENERAL (SUNDAY ONLY): $150
- ☐ RESIDENTS DISCOUNT (BOTH DAYS): $50

Includes: Breakfast, Refreshments, Lunch and Parking (1st come, 1st served)

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Please make check payable to NYCPM and mail to:
Audrey Negron, Administrative Coordinator, Graduate Medical Education
New York College of Podiatric Medicine
53 East 124th Street, New York, NY 10035

SATURDAY AGENDA

6:30 BREAKFAST / REGISTRATION / SIGN-IN

7:20 Introductory Remarks
Joseph C. D'Amico DPM

7:30 Selected Cases from the Richard O. Schuster DPM Gait Laboratory
Jeffrey Cusack DPM

8:00 The Effect of Foot Strengthening Exercises on Foot Structure and Function
Jinsup Song, DPM PhD

8:30 Controlling the Uncontrollable Foot and Ankle
Joseph C. D'Amico DPM

9:15 Adult Acquired Flatfoot
Justin Greisberg MD

10:00 BREAK / REFRESHMENTS

10:30 The Fallacy of Rearfoot Posting
Howard Dananberg DPM

11:15 The Blake Inverted Cast Technique
Richard Blake DPM

12:00 LUNCH / WORKSHOP
Injury and Pain Management via Joint Manipulation and Foot Orthotic Treatment
Howard Dananberg DPM

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1:00 The Biomechanical Examination of Richard O. Schuster DPM: Methodology and Clinical Significance
Paul Coffin DPM

1:45 The Bio and Pathomechanics of the Diabetic Foot & Ankle
R. Daryl Phillips DPM

2:30 Limb Length Discrepancy: Identification, Clinical Significance and Management
Stanley Beekman DPM

3:15 BREAK / REFRESHMENTS

3:45 Keep On Rocking in the Free World: The Rise of Meta Rockers
Robert Eckles DPM

4:30 PANEL DISCUSSION

5:00 ADJOURNMENT

Contact Audrey Negron with any questions:
anegron@nycpm.edu
(212) 410 - 8068

SUNDAY AGENDA

6:30 BREAKFAST / SIGN-IN

7:15 Residual Ramifications of Femoral Anteversion and Internal Tibial Torsion in the Adult
Russell G. Volpe DPM

8:00 A Critique of "New" Concepts in Biomechanics
J. David Skliar, DPM

8:45 The Foot From Head to Toe
Joseph C. D'Amico DPM

9:30 When Pronation is a Problem What Tools Can We Use to Help?
Richard Blake DPM

10:15 BREAK / REFRESHEMENTS

10:45 Turf Toe
Howard Dananberg DPM

11:15 The Value of Standing Radiographs in the Assessment of Lower Extremity Structure and Function
R. Daryl Phillips DPM

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12:00 LUNCH BREAK

12:30 Improving Life Expectancy in the Down Syndrome Patient Through Podiatric Intervention
Mark A. Caselli DPM

1:15 The Biomechanics of Lower Extremity Overuse Injuries in the Adolescent
James Losito DPM

2:00 Schuster's Advice to Runners – Preventing Running Injuries
John McNerney DPM

2:45 PANEL DISCUSSION / Q & A

3:30 ADJOURNMENT

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