



September 2010 E-Newsletter

Travel Schedule



School	Location	Date
St. John Fisher College	Rochester, NY	September 13 th
Roberts Wesleyan University	Rochester, NY	September 14 th
Elmira College	Elmira, NY	September 15 th
Monroe College	Rochester, NY	September 17 th
Penn State University	Erie, PA	September 17 th
George Mason University	Fairfax, VA	September 21 st
St. John's College	Annapolis, VA	September 22 nd
George Washington University	Washington, D.C.	September 23 rd
Rowan University	Glassboro, NJ	September 24 th
Virginia Tech	Blacksburg, VA	September 27 th
St. Mary's University	San Antonio, TX	September 27 th
University of Houston-Downtown	Houston, TX	September 29 th
Texas A&M University	Corpus Christi, TX	September 30 th
Yale University	New Haven, CT	October 1 st

Class of 2012 Congratulatory Luncheon



The Class of 2012 received their highly anticipated scores for Part I of the National Board exam in early August to much fanfare. The result of 4 weeks of nervous anxiety while waiting for the results proved ill-placed as 99% of the Class received a passing score. This was particularly distinguished since the average pass-rate for all of the podiatric colleges was 88%.

New Online Microscopy for First Year's



Starting this year, students will be utilizing virtual microscopy, a new state-of-the-art technology which will give students access to over 3,000 slides. The new virtual microscopy will explore specimen focus, illumination, intensity, magnifications and translation, operating in the same manner as a real life microscope.

Virtual microscopes will be used during the first two years of study for courses such as histology, microbiology and pathology. Another added benefit is that students will have 24/7 access to the slides to review for classes, exams, and the Boards.

First Annual NYCPM Picnic



It was a perfect summer day for NYCPM's first annual school picnic, held on August 28th in Central Park, right across from the Heritage Apartments, (where many of the first year students live). Students and staff filled up on wraps and sandwiches and had delicious cookies and cake for dessert. Afterwards, students socialized with one another, took pictures and played frisbee.

New Student Orientation

One-hundred-and-eleven new students in the Class of 2014 descended on campus on August 30th for New Student Orientation. Speakers for the two-day event included President Levine, Stanley Mandel, Chairman of the Board of Trustees, William Sigler, Executive Vice President, Vernese Pannell, Registrar, Thomas Walker, Director of Library Services, James Warren, Director of Security, and many more.

Students also received their ID badges, locker assignments, measurements for white coats, and their class schedule. After two full days of receiving and digesting information, students were well prepared for the first day of class on Wednesday, September 1st.

Student Interview



Name: Tammer Elmarsafi

Hometown: Freehold, New Jersey

Email: telmarsafi@nycpm.edu

Undergraduate College: October 6th University, School of Medicine and Surgery

Medical School Class: 2013

What made you decide to pursue a career in podiatric medicine?

Podiatric Medicine has evolved into a very exciting and sophisticated field. It has perfectly married both the art of Medicine and the skills of Surgery. Today, the modern podiatrist plays an increasingly integral role in patient care with many amenities and tools at their hands. I find that the field is rapidly growing as new diagnostic and treatment modalities pave the way for future podiatrists to embark on an amazing career. In a short period of time, I have already learned more than I ever expected about the human body and how it relates to pathologies of the foot and ankle.

What made you decide to attend NYCPM?

NYCPM literally has everything that I need from an institution to be a successful Podiatry student. The school offers research opportunities, a strong clinically-based curriculum, a diverse student population, and perhaps most importantly, a high success rate for landing the residency of choice. NYCPM has perfected its curriculum with 100 years of experience. Therefore, highly successful and well respected NYCPM alumni are dispersed in almost every county in the USA. This provides high profile networking exclusively to NYCPM students. This allows the Deans here at NYCPM to keep in contact and predict trends in the field as they happen and then adjust and integrate this into the curriculum. As a result, we are very prepared

and ahead of the curve in our externships and residencies, more so than our counterparts in other schools. For example, most recently NYCPM added an Orthopedic Surgery Department to ensure we get the experience and knowledge we need to be strong surgeons as it relates to the future of Podiatry. Additionally, NYCPM has a very friendly and family-like atmosphere and resources at every corner geared and tailored to enhance success. They care about their students and offer free tutoring, dedicated note takers, and recorded lectures. They provide all the resources needed to ensure their students have a strong knowledge of Podiatric Medicine and Surgery. This has resulted in high Board pass rates, most recently with the class of 2012 with an amazing pass rate of 99%! All this, and NYCPM is located in the middle of the Big Apple, offering a plethora of diverse culture and many things to do!

What was the transition from undergrad to medical school like?

I find that the most important thing to keep in mind is that to make it this far you have already perfected what it takes to become a successful medical student. All that is needed is constant devotion, determination, and a thirst and curiosity for knowledge. Though medical school is quite different from undergraduate or graduate studies of other fields, there is a unique advantage to podiatry. The curriculum here at NYCPM is equivalent in all aspects to that of any medical school in the USA; and in addition there is a highly specialized focus on podiatry. This means that right from the start you are already being groomed as a specialist with knowledge of the most up-to-date practices. For me, this makes for a very rewarding experience as a student. I am having a wonderful time here at NYCPM.

What is your favorite part about being a student at NYCPM or in NYC in general?

NYCPM makes available to its students many very active clubs that range from our Running Club, to our Wound Care Club which I am a member of. They bring clinicians and experts to give us very dynamic talks. The Wound Care Club will have a hands-on workshop on the latest in cutting edge Skin Grafting techniques available whether you're a 1st-year Medical Student or about to graduate. That's unheard of! I am going to join NYCPM's Public Health Club that has just started this month. The prospect of being involved directly with the community, doing foot screenings, and publishing research is amazing! NYC offers a distinct advantage that is perhaps

unmatched worldwide; a wide array of Podiatric pathologies and in numbers that keep us supersaturated.

What activities are you involved in at NYCPM?

I am very proud to be an NYCPM Student Ambassador. This is an honor, as I am very eager to give prospective students an inside look at life here at NYCPM, knowledge about the many specialties available in podiatry, and give tips on how to make the best out of your medical training. I was also recently appointed the new Vice President of the Public Health Club, which I am very excited about. I also make a point of attending as many club-sponsored workshops and presentations that I can. This has proven to be both a lot of fun, but more importantly, allows me to take a sneak peek into what the future holds for me. It's like watching a movie trailer; you get to see all the amazing highlights of each aspect of foot and ankle care. Recently we had a representative from MedLine come and give us a hands-on demonstration of the latest methodologies in wound management. He gave us free books, and quick reference guides that already I have put to use!

What advice do you have for incoming students?

Making the leap to becoming a doctor requires a commitment on many levels. Having already made that decision, you will now have to make sure whether or not Podiatry is right for you. Unlike other medical careers where you have plenty of time to make a choice of specialty, you will instantly be training to become a podiatrist upon entrance into a School of Podiatric Medicine. That's a serious commitment. My advice is to shadow a podiatrist that is close to you. Ask them all the questions you may have, and expose yourself to what you will be doing for the rest of your life. Additionally, often podiatrists either have an emphasis on medicine or on surgery. So make sure you shadow both. Although you may make that same choice when you finish your residency training, you will still be held accountable to all things podiatric. Most importantly, de-stress the process of applying and interviewing, and be yourself; it's made you successful this far!

