



## December 2010 E-Newsletter

### **Can't travel to NYC? NYCPM Reps may be Visiting Your College this Fall**

If you want to visit with an NYCPM Admissions representative, but you are unable to travel to New York City, you may have the opportunity to meet with someone at a college fair or presentation. We will be traveling throughout the country this fall, and we may be coming to a college near you. Below is a list of colleges we will be visiting in the fall. If you would like to find out more details about the event taking place at each location, please email [enrollment@nycpm.edu](mailto:enrollment@nycpm.edu). You are welcome to stop by the NYCPM table or attend a presentation by an NYCPM representative where you can have your questions answered.

School	Date
Seton Hall University- South Orange, NJ	Dec. 3 <sup>rd</sup>
College of Saint Elizabeth- Madison, NJ	Dec. 6 <sup>th</sup>
Adelphi University- Garden City, NY	Dec. 8 <sup>th</sup>

### **2011 New York Podiatric Clinical Conference**



The 2011 New York Podiatric Clinical Conference promises to be a vibrant event bringing together 2,000+ Doctors of Podiatric Medicine, residents, students, and assistants from across the country and internationally.

The conference is being held January 28-30 at the Marriott Marquis in New York City. It will feature three days of intensive, hands-on wet labs/workshops, scientific lectures, panel discussions and roundtables with experts and peers. Education sessions will address a variety of subjects such as wound care, surgical techniques, biomechanics, and a variety of specialized areas of podiatric medicine that keep DPM's current and offer education in cutting-edge technology to ensure quality patient care.

Also featured will be a two-floor exhibit hall with over 250 booths displaying products, services, and technology relevant to the field. Scheduled coffee breaks will make it easy to visit exhibitors who represent all aspects of podiatric practice and will be ready to discuss their products and services with you. Many exhibitors will also be offering free samples and giveaways.

The New York Clinical Conference will be running in conjunction with the NYCPM January Open House, and we welcome you to attend both of these (free) events. To learn more about the conference and to register, go to [www.nycpm.edu/openhouse.asp](http://www.nycpm.edu/openhouse.asp).

## **NYCPM Gets a Facelift**



In preparation for its Centennial Anniversary celebration, NYCPM has been busy making sweeping renovations across the College.

Upgrades include a new glass façade on the exterior of the college and clinic, two new study rooms complete with wall-to-wall dry erase boards, new machines and TV's in the fitness center, new furniture in the student lounge, new carpeting and lighting in the library, and new student lockers.

## **New Clubs at NYCPM**



Forming and joining student clubs is one of the most dynamic aspects of student life here at NYCPM, and this year is no exception. Students have founded three new clubs this year, including the Pediatrics Club, Public Health Club, and Practice Management Club. All of the founders are extremely passionate about their respective clubs and what they will bring to NYCPM and the surrounding community.

The Pediatrics club has already been met with a great deal of enthusiasm from students and faculty. So far, the club has had a lecture on pediatric practices from Dr. Volpe, as well as a lecture on biomechanical exams, given by Dr. Resseque. Future activities include a trip to educate dancers on podiatric issues, as well as trips to schools and PTA meetings to raise awareness about podiatry and foot care.

Some of the main goals of the Public Policy Club are to educate students about disease prevention and bring attention to foot health. The Club has participated in two health fairs in the City, where it has provided people with free diabetic foot screenings.

The Practice Management Club was revived by a 2<sup>nd</sup>-year student with the hopes of expanding upon the education students receive in the classroom. While the club is still in the early stages of re-establishment, plans to bring in guest speakers to share their personal experiences are in the works. The Club is a big advocate of emphasizing the necessity of learning from as many doctors as possible in order to better prepare students for their residency, as well as their careers.

## Meet an NYCPM Professor:



**Name:** Laurence Lowy, DPM

**Hometown:** Fairfield, CT

**Email:** [llowy@nycpm.edu](mailto:llowy@nycpm.edu)

**Education:** New York University, Columbia University, Pennsylvania College of Podiatric Medicine (now Temple University School of Podiatric Medicine)

**Subspecialty:** Pediatrics and Dermatology

**What are your responsibilities at NYCPM?**

Starting and putting out fires. As Dean for Student Services, I'm pretty much involved in everything. From formulating policies to enforcing them, from admitting students to graduating them (or kicking them out as the case may be), from sitting on most committees to standing in the halls – well, you get the idea. Basically, I see my position as straddling the thin line between being an advocate for students and being an administrator. I try to maintain standards and a sense of professionalism, as I'm proud of my profession, but also believe the student experience at NYCPM should be as good as possible – educationally, clinically, and emotionally. To that end, I do whatever I can to make things as good as possible.

I've also been a clinician at the College for 17 years in the pediatrics department, and that has been fantastic. Though it can be hectic, it's a great training ground for students and there's been enough variety to keep me interested as a doctor.

### **What made you decide to pursue a career in podiatric medicine?**

Fear of poverty. Seriously, I originally wanted to go to “medical school” but despite good grades and MCATs, didn't get in. I was clueless about podiatry until a friend suggested it. I then shadowed a podiatrist and was immediately struck by how much it was more my personality than straight medicine. I get bored easily and if I were in any other field of specialization, I would go nuts with routine. Despite routine aspects to podiatry, when one looks at an entire day, it's varied. From surgery to simple palliative care, no day is boring. And as a profession, it's offered me far more opportunities than I would have thought possible.

### **What is your area of expertise?**

Without a doubt, pediatrics, with a sub-specialty in dermatology. In private practice and at the College. Of course, as with most podiatrists, I've done major

and minor surgery, casting, orthotic management, orthopedic management, trauma care, etc..

### **What advice do you have for incoming students?**

I could go on for awhile here but generally, take the work seriously and don't have the mindset that it's not as hard as "medical school." It takes discipline, work, and time management skills. Don't procrastinate. Stay current. If you see yourself getting into trouble, seek help immediately. From where I sit, too often students who have difficulty don't avail themselves of what the College has to offer and ultimately wait until it's too late. And above all, keep things in perspective. Yes, doing well is important but so is not stressing over it. Do your absolute best and if you do, be comfortable with that.

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