



Prospective podiatry students have many resources for gathering information about each podiatry school. You can gain primary knowledge by visiting the school in person. You can ask students and alumni for their opinions of the school. You can even visit websites specifically designed to guide you on your pre-med paths. The Admissions Office at New York College of Podiatric Medicine wants to be one of your resources for learning about the admissions process for podiatry school. Each month, our newsletter will feature new topics and questions posed by pre-podiatry students from across the country. Find out the answers to your questions directly from an Admissions staff member.

Can't travel to NYC? NYCPM reps travel to you!

If you wish to visit with an NYCPM Admissions representative, but are unable to travel to New York City, you may have the opportunity to meet with someone at a college fair or presentation. We traveled throughout the country this spring, and as most schools do not organize events during the summer, representatives are available in the office this month. Occasionally we will be able to travel to a location to conduct small meetings during the summer school months. To find out more details about events taking place, please email us at enrollment@nycpm.edu.

What is the job outlook for podiatry?

The colleges of podiatric medicine would have to triple their graduates between now and 2014 in order to meet the demands of the growing population. More and more foot problems exist in the United States due to an increase in obesity problems, diabetes, and aging, so the outlook for podiatric medicine is superb.

Is it alright for me to take required courses in a community college?

If a student takes one or two courses at a community college, then it will be discussed during your interview but may not significantly impact your application. However, it is not encouraged to take a huge amount of required courses at a community college as it may be looked at negatively by the Admissions Committee. If it is within good reason to take premedical courses at a two year school, then I would address it in your application and be prepared to discuss the situation.

How difficult is the curriculum at NYCPM?

The New York College of Podiatric Medicine offers a four year program of study designed to prepare students to enter podiatric graduate training programs. The curriculum of the New York College of Podiatric Medicine parallels that of allopathic/osteopathic medicine in that it consists of two years of pre-clinical and two years of clinical sciences. Student begins study with fundamental information of normal structure and function of the human body. This is followed by combined basic and general clinical science information in the second year, where fundamentals of pathologic diseases are introduced and clinical correlations are presented. Third year involves a combination of didactic lectures and departmentalized clinical clerkships in areas pertaining to the lower extremity, and fourth year devotes itself to diagnostic skills through problem solving in clinical settings.

Meet an NYCPM Student

Name: Dhaval Patel
Hometown: Queens, NY
Email: dhpatel@nycpm.edu
Undergraduate College: CUNY Queens College
Medical School Class: 2011

What activities are you involved in at NYCPM?

Originally I started off my freshman year by taking up the responsibility of becoming a Student Ambassador. It has given me the rewarding opportunity to contribute to my medical school and give advice to future colleagues. In my second year I became Class President. Although it was a difficult position that proved to be extremely time consuming, it has taught me a how to multitask and excel even when under pressure. Recently I won the election for Student Council Vice president; this will enable me to represent the entire student body and I look forward to the responsibilities that lie ahead. I have also been elected as President of the International Podiatry Club (IPC). It is a fairly new club that offer yearly mission trips that I will have the pleasure of organizing. I intend to collaborate with all the other podiatry schools in the hopes of initiating IPC chapters throughout.

What was the transition from undergrad to medical school like?

Right after completing my undergraduate education I began working in the medical field. This helped me stay grounded on my aspiration to continue my education in the medical sciences. Having been out of school for quite some time, I must admit that the transition was quite intimidating. As time passed I became accustomed to the difficult curriculum, refined my study habits, and became proficient in understanding and processing the material.

What advice do you have for incoming students?

I have no doubt that the majority of you will be quite overwhelmed during the first few weeks of school. My advice is to stay the course because it will undoubtedly get better. It is imperative that you study hard and find the time to relax. The fatigue will set in so you have to make the time to go out and have fun. Let your brain recharge. One should not think that taking time off is a luxury yet a necessity.

What made you decide to pursue podiatric medicine?

Like many podiatric medical students, initially I was interested in another medical field. My interest used to lie in dentistry. One day my brother, an Oral & Maxillofacial Surgeon, brought podiatry to my attention. He explained to me that when he was in residency there were podiatric residents that went through the same experiences as he did. His advice encouraged me to look into the field and ultimately I chose to attend podiatry school. Now looking back, I am content with my choice in podiatry. It is unsaturated, rapidly growing, and a rewarding specialty.

What made you attend NYCPM?

The clinical experience that a student is afforded at NYCPM is unmatched by any other podiatry school. The clinic treats approximately 40,000 patients a year and this gives students the hands on training that will prove to be priceless in the future. In addition, NYCPM has a strong academic curriculum. Based on these facts my decision was easy to make.

What is your favorite part about being a student at NYCPM or in NYC in general?

Being a student in New York City has many benefits. You get to interact with people from all walks of life. Public transportation makes it very easy to get around. NYC has a phenomenal night life. Personally my favorite part is the variety of restaurants from which to choose.

Meet a DPM

Name:	Laurence J. Lowy
Hometown:	Fairfield, CT
Email:	llowy@nycpm.edu
Undergraduate College:	New York University/Columbia University
Graduation Year:	1976 – BA
1983 -	Certificate in Pre-medical Sciences
1988 -	DPM
Subspecialty:	Pediatrics; dermatology

What are your responsibilities at NYCPM ?

Dean for Student Services
Associate Professor in Department of Pediatrics
Course Director for Podopediatrics 1
Lecturer
Clinician

What advice do you have for incoming students?

1. Shadow a podiatrist
2. Work as hard as possible
3. Be honest and truthful at all times
4. Take responsibility for yourself and your actions
5. Learn to prioritize
6. Understand that anything worth doing usually requires lots of hard work and determination
7. Keep the important things in life in balance, including family and health
8. Try to enjoy learning
9. Don't let anyone dictate or otherwise limit your way of thinking or doing
10. Always be kind to others; realize you're no better than anyone else

What made you decide to pursue a career in podiatric medicine?

I wanted to be a doctor and when I couldn't get into allopathic medical school, a friend suggested podiatry. I shadowed a podiatrist for some time and realized it was the career for me. It was medicine,

but as a specialty, incorporated all the other disciplines in medicine, making for a non-boring practice. I like doing different things and not being in a rut and podiatry has offered that to me.

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