Prospective podiatry students have many resources for gathering information about each podiatry school. You can gain primary knowledge by visiting the school in person. You can ask students and alumni for their opinions of the school. You can even visit websites specifically designed to guide you on your pre-med paths. The Admissions Office at New York College of Podiatric Medicine wants to be one of your resources for learning about the admissions process for podiatry school. Each month, our newsletter will feature new topics and questions posed by pre-podiatry students from across the country. Find out the answers to your questions directly from an Admissions staff member.

**We’re on Facebook!**

NYCPM has officially launched its own Facebook page complete with pictures, discussions, articles, and links to great information regarding the College and the field of podiatric medicine. Prospective students are able to ask questions on the discussion board, look for potential roommates, post pictures, and interact with current students.

Check it out and become a Fan!

**Can’t travel to NYC? NYCPM reps may be visiting your college this fall.**

If you want to visit with an NYCPM Admissions representative, but you are unable to travel to New York City, you may have the opportunity to meet with someone at a college fair or presentation. We will be traveling throughout the country this fall, and we may be coming to a college near you. Below is a list of colleges we will be visiting in the fall. If you would like to find out more details about the event taking place at each location, please email enrollment@nycpm.edu. You are welcome to stop by the NYCPM table or attend a presentation by an NYCPM representative where you can have your questions answered.

<table>
<thead>
<tr>
<th>School</th>
<th>Date</th>
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</thead>
<tbody>
<tr>
<td>Yale University- New Haven, CT</td>
<td>Sept. 17</td>
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<tr>
<td>Virginia Commonwealth University- Richmond, VA</td>
<td>Sept. 28</td>
</tr>
<tr>
<td>Michigan State University- East Lansing, MI</td>
<td>October 13</td>
</tr>
<tr>
<td>UMASS Amherst- Amherst, MA</td>
<td>October 28</td>
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</table>
New Residence Hall

NYCPM now has 4 student housing options conveniently located within 20 minutes of the College. The latest addition is River Crossing, located on East 101st St. and 1st Avenue in Manhattan. Convenient to the subway, bus, and shuttle service, River Crossing is a great option for students looking to get a lot for their money. It is within close proximity to grocery stores, restaurants, and many shopping and entertainment options. Students can choose between two, and three-bedroom units that are both newly renovated and furnished. The apartments feature renovated kitchens with stainless steel appliances, dishwashers and granite countertops.

Features:

- Spacious living room with hardwood floors
- Full kitchen and full bath
- Generous closet space with floor-to-ceiling closets in each bedroom
- Utilities included in the rental fee: heat, hot water, gas and electric
- 24hr on-site security and maintenance
- On-site parking garage (fees apply)
- Card-operated laundry room

Students who interview at NYCPM are able to tour the housing options, but only accepted students can apply for student housing, which is not guaranteed. For specific housing questions, call 212-410-8099 or email housing@nycpm.edu.

I am applying for September ‘10, but I’m not taking the MCAT until spring. Will this affect my chances?

Taking the MCAT in the fall of 2009 or spring of 2010 will not necessarily affect your likelihood of acceptance into NYCPM, which has a rolling admissions policy. Our fall class does not usually fill up until the end of spring, so if you plan to wait to take your MCAT so that you are better prepared, you can do so without fear of losing the opportunity to matriculate in the fall. You should not take your MCAT any later than July 8th of 2010 if you plan to apply for fall 2010.

What should I do if my GPA is below admission requirements?

The NYCPM admissions committee looks at both your science GPA and your cumulative GPA. Generally, you should feel confident about your grades if your GPA is above a 3.0. If you know your GPA does not meet admission requirements, you should not feel hopeless. Your path to medical school may take longer, but acceptance is possible.

To improve your science GPA, you can take additional science courses at any college or university. Keep in mind that your goal is to improve your GPA, so ideally, you should receive an A or B in these courses. Sometimes just one or two courses will raise a GPA. In other instances, a full year might be needed to improve your likelihood of acceptance. This depends on what your GPA is before you start additional coursework. Our recommended science courses are: Anatomy, Biochemistry, Histology, Genetics, and Microbiology.
Before you apply, calculate your science GPA. If your science GPA is below a 3.0, you should call an admissions representative to discuss your situation. Also, you can schedule a consultation where you bring your transcripts in person and discuss your plan with an admissions representative. Call 1-800-526-6966.

**What are the requirements for admission to NYCPM?**

- All candidates for admission must have completed a minimum of 90 semester hours and the prerequisite course requirements consisting of: 1 year of Biology (lecture & lab), 1 year of General Chemistry (lecture & lab), 1 year of Organic Chemistry (lecture & lab), 1 year of Physics (lecture & lab) and a year of English. Grades should not be lower than C-
- The profile of the average incoming first-year student includes a 3.3 GPA and an overall MCAT score of 23. To be most competitive, you should possess a science and overall GPA over 3.0. It is recommended that candidates with less than a 2.75 grade point average consult the Office of Admissions prior to applying.
- All candidates must have taken the Medical College Admission Test (MCAT) during the year that they are applying or within the prior three years, and have achieved competitive scores. In select cases we will also accept the Dental Admissions Test (DAT) in lieu of the MCAT.
- All candidates must submit three letters of recommendation or a pre-health committee evaluation.

**Meet an NYCPM Student:**

![Student Image]

**Student Name:** Alonnah Ani Wilcher  
**Hometown:** Union, NJ  
**Undergraduate College:** Bloomfield College - NJ  
**Email:** awilcher@nycpm.edu  
**Graduation Year:** 2011

**What activities are you involved in at NYCPM?**

Student Ambassador, Tutoring, Sports Medicine Club, Surgery Club, SNPMA, Diabetes Club, EBM (Evidence Based Medicine), Volunteer Opportunities that I'm afforded through the school.

**What was the transition from undergrad to medical school like?**

I thought that it was a good transition. I was ready to put a close on my undergraduate career, and move on to the new, exciting knowledge that I would gain at NYCPM. I knew that it would be more rigorous than undergrad, but I felt up to the challenge. I believe what made the transition good was that I was always a hardworking student in college who wanted to do the best I could and I always strived not to just pass a class, but to get an A. Thus I was already in the habit of studying & learning the way it takes to be successful in such a forum as medical school.
What made you attend NYCPM?

The podiatrist to first spark my interest in podiatry, Dr. Terry Spilken, who used to be a dean at NYCPM. I think that NYCPM is one of the best (if not the best) podiatric medical school and it's closest to where I reside, which is NJ. I enjoy the diversity that's present at NYCPM, and from the Open House & friendly environment, it left a good impression in my mind.

What is your favorite part about being a student at NYCPM or in NYC in general?

I enjoy being a student at NYCPM because I love the field of podiatry, I'm grateful that not only do I learn about the lower extremity, but also the rest of the body that comes along with it, and there's nothing like doing what you always wanted to do. Granted I didn't know since I was little that I wanted to be a podiatrist because I didn't learn about podiatry until later on in life, but I always knew that I wanted to be in the medical field so I can treat people's ailments & have a major impact in their lives, & I always wanted to be able to teach in some way, & podiatry does just that for me. I'm very appreciative to be an NYCPM student & I wouldn't have it any other way. The clinicians, faculty, administration are great and it's just overall a nice environment where I get along with everyone & feel very comfortable.

What advice do you have for incoming students?

I would say to the incoming freshman, you may have to get used to getting a little less sleep so that you can squeeze more study time in, the faculty are excellent when it comes to teaching & providing extra help if you need it, it's a very friendly environment (one of my best friends I met at the day of orientation & we're still very close), and time management is key. With good time management, you can make time to do well in your classes, have time to hang out and have a good time with your classmates outside of school & also with friends outside of school, your family, and with your significant other. Another thing that I like is that everyone in your class has the same schedule as you, so we all understand what the other is going through and it's good to know that we have each other to turn to for help.