DECEMBER 2014

American Association for Women Podiatrists and International Podiatry Club

The Foot and Ankle Highlights Newsletter

Through passion, perseverance, and dedication, academic excellence and life's pursuits are limitless

New York College of Podiatric Medicine
2014-2015
Lecture Series/Workshops

Highlights:

Spotlight on Dr. Hilary Umans

Past Events in Review
Dr. Adrienne Estes, PGY-2
Suture Workshop
Dr. E. Giannin Perez
Foot and Ankle Reconstruction Lecture

Meet Our Students of the Month
IPC Past President Dhaval Amin
AAWP Past President Sarah Zottoli

Past Events

October 7
Dr. Amna Diwan
“Ankle Fractures”

November 18
Dr. Hilary Umans
“Forefoot Imaging: Neuroma vs. Plantar Plate Tear with Pericapsular Fibrosis”

November 19
Dr. Adrienne Estes, PGY-2
Suture Workshop

December 2
Dr. E. Giannin Perez
“Foot and Ankle Reconstruction in Children with Cerebral Palsy”

Upcoming at NYCPM

December 11
Dr. Anthony Iorio/Alliqua Biomedical
“The Power of Amnion in Tissue Restoration”

December 15
Dr. Johanna Godoy
“Masquelet Technique”
Spotlight on Dr. Hilary Umans

Dr. Hilary Umans is Board Certified in Diagnostic Radiology since 1993. She graduated from Amherst College and received her M.D. degree from New York Medical College, followed by Radiology residency at Albert Einstein College of Medicine (1993) and Musculoskeletal Radiology fellowship training at the Hospital for Special Surgery (1994).

Dr. Umans held the position of Associate Clinical Professor at Montefiore Medical Center from 1994 until 2002. From 2003 through 2012, Dr. Umans served as Director, Musculoskeletal Radiology at Jacobi Medical Center. She held the title of Associate Clinical Professor of Radiology and Orthopaedic Surgery at Albert Einstein College of Medicine for 13 years. Currently, she remains as voluntary faculty as a Professor of Clinical Radiology at Albert Einstein College of Medicine.

Dr. Umans has received numerous awards and honors, has lectured extensively, authored book chapters and multiple articles in professional journals, and presented papers at national radiology meetings. She served as an editor for the Journal of Bone and Joint Surgery, the American Journal of Radiology and the Journal of Computer Assisted Tomography. She is a member of the International Skeletal Society, Radiological Society of North America, American Roentgen Ray Society, New York Roentgen Society, Society of Skeletal Radiology and the European Society of Skeletal Radiology.

Dr. Adrienne Estes, PGY-2 - Suture Workshop

Dr. E. Giannin Perez

Dr. E. Giannin Perez lectured on “Foot and Ankle Reconstruction in Children with Cerebral Palsy.” Faculty, residents and students were in attendance. Dr. Perez received her Bachelor of Science degree from Manhattan College, with a minor in chemistry and psychology. She then went on to receive a Master of Physiology degree from New York Medical College. Dr. Perez continued her education further and attended NYCPM. While attending NYCPM, she was president of the New York College of Podiatric Medicine Student Association, and vice president of AAPSM and NYCPM’s Sports Medicine Club. Dr. Perez excelled while at NYCPM and is a recent graduate of NYCPM’s residency program.

Dr. Perez has had numerous research projects and publications, including “Charcot Neuroarthropathy vs. Diabetic Foot Infection—Making the Right Diagnosis. A Case Report.” (Feb. 2014) and “Exploring the Potential of Advanced Wound Care Products for Diabetic Wounds.” (2013)

Dr. Perez is currently in a fellowship program at the Jewish Hospital and St. Mary’s Healthcare/University of Louisville KentuckyOne Health in Louisville, Kentucky. She is receiving extensive training in all aspects of foot and ankle reconstruction, including total ankle replacements, charcot, trauma, sports medicine and pediatric surgery. Dr. Perez is well-rounded. She remains dedicated to podiatry and finds time to return to NYCPM and act as a member of NYCPM’s open house panel discussion for prospective students. Dr. Perez’s lecture was informative and enjoyed by all. -Josana Joseph, Class of 2016
Students of the Month

Dhaval Amin
IPC Past President 2013-2014

Where are you from?
I was born in India, but I have lived in Jersey City, NJ since I was 4. I graduated Rutgers in 2011.

What made you decide to go into podiatry?
Variety! Our patients can range from diabetic foot care to grotesque traumatic open fractures of the leg, and everything in between. We spend some days in the office and some days in the OR, but there’s never a dull moment. I valued this aspect of Podiatry most.

Why did you choose NYCPM?
TRAINING! A doctor should be more than a Wikipedia of differentials and diagnoses. When it comes to Podiatry, charisma, bedside manner, and dexterity are essential. These skills are developed through actual patient encounters and supervision from established Doctors of Podiatric Medicine. NYCPM was the only choice.

Why did you choose IPC to be a student member?
I believe, “leave any place you go a little better than you found it”. IPC was my way of contributing to NYCPM. I liked its mission of not only helping to promote the importance of Podiatry as a medical profession, but providing podiatric care to underserved populations in the Americas. I look forward to serving IPC well after my time at NYCPM.

What are some of your future goals once you become a podiatrist?
Go to Disney World of course, but, first I think I want to focus on the role of Podiatry in the military. I was recently down at Fort Bragg, NC and got to work with some real-life heroes. It was the most humbling experience to date on my journey through this profession. It is something I definitely want to explore further as a full-fledged DPM.

Interviewed by Josana Joseph, Class of 2016

Sarah Zottoli
AAWP Past President 2013-2014

Where are you from?
I am from Washington, PA. It is just south of Pittsburgh, PA.

What made you decide to go into podiatry?
My journey to pursuing podiatry actually stemmed from years of working in elderly patient care. My mother opened an assisted living facility attached to our home, when I was 12. It was through this establishment that I became aware of podiatry. I then spent the better part of a year interning with a local podiatrist. The experience really solidified my decision to pursue podiatric medicine.

Why did you choose NYCPM?
I had a very hard time selecting a school, as there are many strengths at each of the podiatry schools. The Clinic was the deal maker for me. Additionally, my younger brother lived in NYC, and having family near by was certainly a perk.

Why did you choose AAWP to be a student member?
The network of AAWP is strong and they are very supportive of podiatry and their members. Additionally, the ability to take part in research, achieve scholarships, and host fantastic speakers were available. Lastly, our chapter is very fortunate to have Dr. Barlizo as a mentor.

What are some of your future goals once you become a podiatrist?
Well, my focus currently is on becoming the best doctor I can be through working very hard in residency. I hope to be a sponge & absorb all the knowledge of my surrounding physicians. Ultimately, my hope is to provide excellent patient care. Thank you so much for this privilege! It has been wonderful speaking with you!

Interviewed by Niara Wright, Class of 2016
AAWP/IPC December 2014

Membership Lists

IPC E-Board

Club Advisor: Dr. Sharon Barlizo
Co-President: Brittany Mayer
Co-President: Josana Joseph
President-Elect: Gireesh Reddy
Vice President: Regina Fiacco
Secretary: Caitlin Miner
Treasurer: Zakiyyah Waters
Class of 2015 Class Representative: Dhaval Amin
Class of 2016 Class Representatives: Crystal Gunsh and Loretta Cacace
Class of 2017 Class Representatives: Erin Kunz and James Chung
Class of 2018 Class Representative: Brittany Hervey

AAWP E-Board

Club Advisor: Dr. Sharon Barlizo
President: Niara Wright
Vice President: Yvonne Cha
Secretary: Shaina Nelson
Treasurer: Laura Fernandez
Class of 2016 Class Representative: Nkechinnyere Christina Nwoko
Class of 2018 Class Representative: Samantha Landau

AAWP Membership List

Rusheena Bartlett
Yvonne Cha
Shahrazad Dilmaghani
Huguette Disasi
Laura Fernandez
Erato Giokas
Brittany Hervey
Rebecca Herman
Ginette Illuzzi
Saba Jahanbin
Jennifer Kuinov
Samantha Landau
Stephanie Lubin
Breelyn Miles
Sarah Mohamed
Manishe Mummidisingu
Christina Nawabi
Shaina Nelson
Anh Nguyen
Nkechinnyere Christina Nwoko
Xiomara Okonkwo
Yu Ting Saw
Augini Sidhom
Adenike Sonaik
Darla Thomas
Carol Tong
Chengcheng Tu
Patricia Wade, PhD
Niara Wright
Sahar Zadeh

IPC Membership List

Dhaval Amin
Loretta Cacace
Joseph Cataldo
James Chung
Regina Fiacco
Crystal Gunsh
Shalanda Hall
Brittany Hervey
Saba Jahanbin
Josana Joseph
Kiana Karbasi
Lauren Kuenzi
Erik Kunz
Brittany Mayer
Tyrone Mayorga
Caitlin Miner
Joey Morsi
Shaina Nelson
Mike Paula
Gireesh Reddy
Christina Sawires
Adenike Sonaik
Patricia Wade, PhD
Zakiyyah Waters
Sahar Zadeh

2014-2015 Lecture/Workshop Series

December 2014

Dr. Anthony Iorio/Alliqua Biomedical
“The Power of Amnion in Tissue Restoration”
December 11 - 4:00pm

Dr. Johanna Godoy
“Masquelet Technique”
December 15

January 2015

Dr. Michael Trepal
“Balancing Professional and Personal Responsibilities”
January 20 - 12:00pm

Dr. Barbara Resseque
Ponseti Technique/Clubfoot Serial Casting Workshop

Dr. Amna Diwan
External Fixation Sawbone Workshop

February 2015

Dr. Jose Loor
Ultrasound workshop and lecture

Dr. Arthur Steinhardt
Lower Extremity Examination Workshop
February 3 - 3:00pm

Dr. Irene Loi, PGY-3
& Dr. Adrienne Estes, PGY-2
AO Saw Bones Workshop with EBI/Biomet

March 2015

Dr. Mark Kosinski
“Infectious Diseases in Mexico and the Caribbean”

Dr. Amna Diwan
“Calcaneal Fractures”

April 2015

Dr. Kevin Jules
“Lapidus or Base Wedge?”
April 6 - 12:00pm

May 2015

Greg Taylor DPT, Jessica Botvinick DPT
Kinesiology Taping Workshop

June 2015

Dr. Nicholas Argerakis
“Scarf Bunionectomy/Weil Osteotomy”