

**Get to Know NYCPM's Faculty:**  
**Javeria Hussaini, DPM ('14)**  
*Instructor in Medical Sciences*

---



Dr. Hussaini grew up in New Jersey and wanted to stay close to New York as she pursued her education. So she did – first, she went to Rutgers and received her BA in Economics/Biology in 2010. Then, wanting to work in the medical field and thinking that podiatry, with its surgery and clinical management, was a good choice, her next (and natural) choice was NYCPM, from which she graduated in 2014.

She completed her residency at New York-Presbyterian Brooklyn Methodist Hospital from 2014-2017, and worked there with Dr. Ronald Soave – her residency director at Methodist at the time – with a focus on wound care and plastic surgery. After graduating in July 2017, she worked for a medical clinic and a private practice, and then in January 2018, began working at NYCPM.

Dr. Hussaini teaches Podiatric Medicine I and II to second- and third-year students, rotates between Metropolitan and Lincoln Hospitals and Segundo Ruiz Belvis Diagnostic and Treatment Center in the Bronx, and of course works in the Foot Center of New York. She really enjoys the contact with students – “it keeps you on your toes.”

She loves the profession! She sees that it’s making progress in the medical world, and becoming “inter-twined” with other specialties. Dr. Hussaini feels big things are coming to the podiatry profession – since sixty percent of the patients she encounters are diabetic (both in FCNY and in the hospitals), podiatry is very important for their care and can be the first arena in which disease is detected.

Lots of fellowships are available in sports medicine, and lots of podiatrists are bringing in physical therapy-based treatment, she says. There are many types of non-surgical treatments, she observes, and an abundance of new techniques. “Everyone walks here (i.e., in New York City),” she observes, and consequently she sees non-surgical treatments as particularly relevant. She’s really interested in these more conservative treatments.

Looking to her future, she sees more community service work. At an earlier time, she had started an effort to donate leftover food in a hospital and transport it to a shelter in Brooklyn, and she wants to do more.