Get to Know NYCPM’s Faculty: Samuel B. Adegboyega, DPM ('06)  
Clinical Instructor in Medical and Surgical Sciences

Growing up in Nigeria, Samuel B. Adegboyega played soccer and saw lots of injuries to feet and ankles. That influenced him to become a podiatrist, and today, Samuel Adegboyega is a DPM who still plays soccer on Saturdays. Dr. Adegboyega earned his BS in biology at Rutgers University in 2001 and received his DPM from NYCPM in 2006. He served his residency at NewYork-Presbyterian/Queens and was mentored there by Dr. Charles Lombardi, the program director. Dr. Lombardi influenced Dr. Adegboyega greatly – Dr. Sammy (as he's fondly known here at NYCPM) emulates his mentor’s lifestyle, he says, and most importantly, his passion for podiatry.

Dr. Adegboyega provides residency training in surgery at the College. He's been chief of podiatry at Harlem Hospital for three years and a surgical instructor at Lincoln Hospital for six and one-half years. He maintains a private practice in New Jersey, and enjoys surgery, especially reconstructive surgery; most of his reconstructive surgery cases come in via referrals. He considers foot and ankle reconstructive surgery, trauma, limb salvage and wound care to be his specialties. He's also certified in hyperbaric treatment.

Dr. Adegboyega has observed that the hospital health care system is increasingly geared to out-patient care rather than to in-patient admissions. “There is a fast-paced release of patients [to home],” he says. Harlem Hospital, he notes, is also going in the direction of ambulatory care.

Besides the responsibilities noted above, this busy doctor is part of the resi—

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students’ committee at St. Mary’s General Hospital in Passaic, NJ; trains UMDNJ residents at Hackensack University Medical Center; consults for the New York State Department of Education, Office of Professional Discipline; and belongs to an advisory board for Touch Link, an organization that assists people with domestic abuse/violence issues. He speaks at local and national podiatry seminars and conferences, goes to church, plays guitar and drums and [somehow!] finds time for his wife and three children.

With his many roles, Dr. Adegboyega has gained some perspective on the field, and his report is good: respect for podiatry has increased “tremendously.” He thinks that the gap between orthopedics and podiatry is closing, but that a medical practice “can’t exist without podiatry.”

His advice to students? To those who seek his counsel about surgery, he advises excelling in anatomy, orthopedics, and “having the guts to use your surgical principles and technique.” He tells podiatric medicine students, “You can do anything you want to do. The only obstacle is you -- don’t limit yourself. Push through every barrier and be the best doctor you can be.”