Elective MSK Ultrasound Course Teaches Popular Technique

An elective course presented by the Continuing Education Department, “Ultrasound Guided Injections with Biologicals Forum,” held on Saturday, January 7, was part of an ongoing series that provides NYCPM alumni with CME credits and students with Pass/Fail grades on their transcripts. This is the first time that this particular elective course has been offered; all of the other podiatry schools will eventually host it as well.

Taught by Pradeep Albert, MD, an interventional radiologist and adjunct professor at the College, the hands-on course sought to teach attendees how a musculoskeletal (MSK) ultrasound works, how to recognize and understand what abnormal tissue is, and ultrasound’s role in diagnosing pathology of soft tissues. According to Anthony R. Iorio, DPM (’81), MPH, attendees would also be able to understand that introducing biologics via injection can help treat the pathology successfully. These techniques, Dr. Iorio said, can be used to diagnose and treat patients with foot and ankle disorders. The full-day course featured live subjects (students) who were treated.

Coming up this spring will be elective courses in Forensic Podiatry II, clinical biostatistics and interpreting medical literature, and medical Spanish. Dr. Iorio coordinates the elective courses as Assistant Dean for Continuing Medical Education.