

Dr. Allen Jacobs Discusses Total Care of Diabetic Patients at NYCPM Seminar



On Sunday, February 26, **Allen Jacobs, DPM**, a prominent podiatrist from St. Louis, MO, led a day-long seminar at NYCPM, "Total Care of the Diabetic Patient: From Head to Toe." NYCPM faculty **Anthony R. Iorio, DPM (1981), MPH** and **Michael J. Trepal, DPM (1981)** made introductory remarks.

During the day, Dr. Jacobs emphasized that people with diabetes are increasing in number, especially in populations that are living longer. They present with a growing list of symptoms and complications (if they are not diagnosed early), putting a heavy financial burden on our healthcare delivery system.

Among the topics discussed were: diagnosing and treatment of PAD and edema by the primary care podiatrist; treating skin and nail disorders in patients with diabetes, as well as bone and joint disorders affecting the diabetic population.

Objectives of the day included assessing the role of the podiatrist in preventing and treating diabetic foot ulcerations; evaluating dermatological manifestations in patients with diabetes, exploring different neuropathies in type 2 diabetics, and understanding the increasing quality of care in the podiatrists' practice through proper documentation.

Among the complications associated with type 2 diabetes are peripheral and circulatory disorders, as well as autonomic, sensory and motor neuropathies, which, if left untreated, can increase foot ulcerations leading to foot infections and increased rates of amputations.

According to Dr. Iorio, Dr. Jacobs ended the conference with several practical take-home points that the attendees could use in their practices immediately.

Dr. Jacobs was awarded the Foundation Award at the recent New York Clinical Conference in January.