

ALUMNI SPOTLIGHT
Stanley Idiculla, DPM (2004), FACFAS



Stanley Idiculla, DPM, FACFAS, graduated from NYCPM in 2004, and completed his residency at West Penn Hospital in Pittsburgh and Alliance Community in Ohio in 2007. He is Board-certified in foot and ankle surgery. Here is his dispatch:

"I was elected President at the last VPMA scientific meeting on August 13, 2022. There are over 300 members and many more practicing podiatrists in our state. The big issue facing Virginia practicing podiatrists is an employee shortage; it is difficult to manage and treat patients without a support system in place.

There is also a massive podiatry student shortage, which leads to fewer residents to fill residency positions, thereby closing down residencies, and fewer graduating podiatrists to fulfill the demand for foot and ankle specialists and care for a growing population in the US. The scarcity of podiatrists will lead to foot and ankle issues and long-term disabilities, especially in our diabetic population.

I would like to promote the growth and development of young podiatric physicians, so that they will be the next generation of leaders in our health organizations, hospitals and offices. We can provide access to well-trained podiatrists graduating from residency and encourage the ability to break any and all barriers that prevent them from doing surgical cases in hospitals.

As Chief of Podiatry at Reston Hospital, I was able to pave the way for well-trained podiatrists to perform total ankle replacements at the HCA Hospital. I would like to create more public awareness [about podiatry] and pass common-sense legislation for our field by engaging more at political events and connecting with our Virginia governor, Virginia state delegates, US senators and congressmen.

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Recently, I was able to build relationships by having a dinner meeting in Richmond, Virginia with the past and current presidents of the Virginia Orthopedic Society on January 19, 2023. This will allow for any future scope-of-practice legislation to be passed with support from our orthopedic leaders."

Dr. Idiculla has lived in Virginia since 2009. He is married to alumna Ami Parikh, DPM (2006), who completed her residency at Morristown Memorial Hospital in New Jersey and graduated in 2009. They practice together as a husband-and-wife team at Nova Foot and Ankle in Herndon and Springfield, Virginia. They have two 12-year-old daughters.