

## 2022 Faculty Retreat Packs Information and Insights into One Very Full Day

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*Arthur Klein, MD, was the Faculty Retreat's keynote speaker.*

September 9th's **2022 Faculty Retreat** was a full day packed with presentations ranging from medical research to pharmacology reports to insights into student behavior and wellness, as well as to news -- updates on the Strategic Plan and on the Touro affiliation, a new Emergency Medical Response Plan, plus awards and honors. (See below)

The day's **Keynote Speaker** was **Arthur Klein, MD**, a pediatric cardiologist who is past president of the Mt. Sinai Health Network, a large health care delivery system that operates in New York and Florida. He has extensive experience at the executive level in health systems management. He presented his perspective on the evolution of the health care environment, briefly surveying the status and advances of health care through the centuries, starting in the 1600s. Many of the advances he noted, especially those made in the early 20th century, have catapulted health care and medical education forward.

Re: podiatric medicine, Dr. Klein feels that the future of podiatric medicine is very bright! He forecast that doctors are going to see more foot disease due to diabetes, an aging population, vascular issues and running on concrete. He thinks that podiatric medicine has been successful in ambulatory care, and that the growth in ambulatory care and surgery is positive for podiatry. He also applauds podiatry's success at encouraging scientific research.

Dr. Klein's concluding subject concerned the NYCPM/FCNY relationship and how to bolster the Foot Center. He advised the faculty to continue joining "superb academics to superb clinical care," and using its committed staff. Thinking about what services could be added to the Foot Center, he mentioned neurology, dermatology, diet doctors [nutritionists?], diabetes doctors, rehab services; he noted the opportunities for partnerships. He recommended improving FCNY's appearance. The goal is to "make the Foot Center of New York a true center of excellence."

## 2022 Faculty Retreat Packs Information and Insights into One Very Full Day (Cont'd)



*Four faculty authors were honored: left to right, Anthony R. Iorio, DPM ('81), MPH; Eileen Chusid, PhD; Michael J. Trepal, DPM ('81); Russell G. Volpe, DPM ('83)*

**Learning Specialist Brendan Caputo, Ed.D.**, told the faculty that “we have a moral and ethical responsibility to support our students.” He outlined four ways he seeks to help students: improvements to their work-life balance – if they have a better balance, they are less likely to procrastinate, he says; management of their academic and career goals; promotion of their academic success through support; and encouragement of their ability to reflect.

**Lorraine Chun, MLIS, Medical Librarian**, also talked about supporting students – through wellness. She enumerated the Student Wellness Committee’s (SWC) ongoing activities, which include weekly meditation, chair yoga, and a newsletter, in addition to activities gauged to holidays or to special events. The SWC is not student run, is under faculty purview, but Ms. Chun has been successful in getting student representatives from all classes and incorporating their suggestions as appropriate. The SWC uses a playbook created by Vanderbilt Medical School that “institutions can use and create their own program specific to the culture of their respective institutions,” she said. There is an action calendar, on which every day is an act of kindness. Overall, these activities are wellness activities for faculty and staff too. The SWC hopes all departments can participate in the Halloween Treat Day, Monday October 31. In his opening remarks prior to the day’s program, Dr. Trepal had praised Ms. Chun’s work with student wellness.

The Faculty Research presentation was made by NYCPM’s **Paramita Basu, PhD, Associate Professor Pre-Clinical Sciences, Director of Infectious Diseases**, who presented “Two Amino-acid Polymorphisms in PBP4 Generate Penicillin Tolerance in Group B Streptococcus,” which was published in a Springer Nature journal during the week of October 3.\* Her research discussed penicillin tolerance factors in Group B strep, which is a major cause of meningitis and neonatal sepsis. [\*See separate story in this newsletter.] Other medical presentations included “Understanding Gout and the Role of Pegloticase,” by Shima Amin, PharmD, and “Effect of High-frequency (10 kHz) Spinal Cord Stimulation in Patients with Painful Diabetic Neuropathy – A Randomized Clinical Trial,” by David L. Caraway, MD, PhD.

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*Left: Alain Silverio received a Faculty Service Award;  
Right: Maxiell Medina received the President's Special Recognition Award.*

After lunch, it was time for awards and honors. **Paul Tremblay, MLIS, MA**, recognized faculty members listed in the 2022 NYCPM Faculty Bibliography: **Eileen Chusid, PhD; Anthony R. Iorio, DPM (1981), MPH; Michael J. Trepal, DPM (1981), FAFAS; Russell G. Volpe, DPM (1983)**. Faculty Service Awards, presented by **Joel Sturm, COO**, honored faculty and staff for the length of their service: **Brianna Ramirez, DPT; Reem Sheikh, DPM; Lorraine Chun, MLIS; Alain Silverio, EdM, ES; Kenneth Astrin, PhD; Michael J. Trepal, DPM**. The **President's Special Recognition Award** honored the service of **Maxiell Medina, Assistant to the Dean for Clinical Clerkships and Affiliations**.

### Faculty Hear News

At the conclusion of these awards, Mr. Sturm and Dr. Trepal announced that **Alain O. Silverio, EdM, EdS**, then Assistant Dean of Academic Administration and Outcomes, would be promoted to Dean. [\*See separate article in this newsletter].

The faculty then heard updates on the **Touro affiliation**, as well as on the **Strategic Plan**. **Mr. Sturm and David Hoffman, Esq.**, provided a brief update on Touro. Mr. Hoffman said that the Touro "transaction was moving forward slowly," and that the state Attorney General's office and then a judge of the state Supreme Court would have to review the plan. Mr. Hoffman also described three "academic tweaks" made to the affiliation plans: 1) NYCPM will more closely align with Touro University's New York Medical College than previously offered; 2) Dr. Trepal would remain Chief Academic officer and Dean; 3) NYCPM's Advisory Board will have a role in the affiliation indefinitely (instead of expiring in five years).

**Mr. Silverio** presented a Strategic Plan update, providing status reports on each of the plan's eight goals. Work on the strategic plan is ongoing and he announced a new round of meetings to discuss Goal #6. Michael Lee was introduced as NYCPM/FCNY's new Director of Security.

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**Mark Swartz, MD, VP, Medical and Professional Affairs**, discussed NYCPM/FCNY's new Emergency Medical Response Plan (ERP) and the Emergency Response Team. According to a detailed document he distributed, the Plan addresses the "immediate need for medical assistance in the event of a serious injury or illness of any occupant of NYCPM or FCNY. The ERP assigns duties for a proper and effective evaluation and care for any medical emergency, including transportation to a hospital or enlisting NYPD and EMT to our location." The plan's criteria prioritized protecting lives, and included responsibilities during normal business hours, the names and cell numbers for all members of the Emergency Medical Response Team, their duties, a checklist for responders, supplies needed, and information that must be included in a call to 911.